

Present Continuous (Progressive) Tense

We use the present continuous tense when:

1. Talk about activities happening now.

- The kids **are watching** TV.
- What **are** you **doing**?
- **Are** you **sleeping**?
- I **am reading** *Tom Sawyer*.
- He **is studying** to become a doctor.

1. Talk about near future.

- I **am going** to New York on Friday.
- Our grandparents **are visiting** next weekend.
- **Are** you **coming** with us?

2. Repeated actions irritating the speaker

- She **is** always **complaining** about things.
- He's **talking** all the time!
- He's **making** a lot of noise!
- It's **raining** all the time!

Verb Conjugation & Spelling: to be (am / is / are) + verb + ing

Subject	Verb	The Rest of the sentence
I	am playing	soccer in the park.
he / she / it	is getting	cold.
you / we / they	are studying	English at home.

Negative Sentences in the Present Continuous (Progressive) Tense to be (am / is / are) NOT + verb + ing:

Affirmative: You **are playing** tennis. Negative: You **are not playing** tennis.

(I am not = I'm not / is not = isn't / are not = aren't) :

I **am not** listening. = I'm **not** listening. / He **is not** sleeping. = He **isn't** sleeping.

We **are not** playing. = We **aren't** playing.

There is no difference in meaning though we normally use contractions in spoken English.

Word Order of Negative Sentences

Subject	To be + not	Verb + ing	The Rest of the sentence
I	I'm not	eating	mushrooms for dinner.
he / she / it	isn't	working	on a project.
you / we / they	aren't	talking	about my sister.