

# How to Keep Your Room Clean



1. Why does Cambria like to keep her room clean?

---

---

---

2. What is the first most important thing according to Cambria?

---

---

---

3. How long does it take to form a habit?

---

---

4. How can an iPod help you clean your room?

---

---

5. When is the best time to make your bed?

---

---

6. At what age did Cambria start making her bed? How did it happen? Does she do it every day?

---

---

---

7. When should you prepare your lunch?

---

---

8. Why is it beneficial to be organized and to plan things?

---

---

9. What is Cambria's last piece of advice?

---

---

---